The Holy Month of Mahe Ramadhan is approaching. How well have we prepared ourselves to welcome it and take utmost advantage of blessings that comes with it.

Life is too short. Its end is unknown. It could be now or tomorrow, no one has the knowledge. Even whilst we are preparing for this years Mahe Ramadhan, we are not sure if we will be lucky enough to witness it and take advantage of its blessings.

We pray to the Almighty to grant us life to be able to witness this Month once again.

This paper insha allah will help us in identifying our achievements and also keep track of our day to day deeds.

The following is a questionnaire for us to complete and assess our movements and actions during this Holy Month

The columns on the right hand side represent a single day. Your are required to read the question and cross in the square box.

Kindly note that this is a self assessment form and not a competition as such.

Insert a cross if the task is fulfilled or leave it blank if not fulfilled

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Χ	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
X	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Χ	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Χ	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Χ	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Χ	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Χ		Х	Х	Х	Х	Х	Х	Х	Х		Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х		Х	Х	Х	Х	Х
Х		Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Χ	Х	Х	Х	Х	Х	Х	Χ	Х	Х	Х	Х	Х
Χ	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х		Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х		Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х		Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х		Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х		Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х		Х	Х	Х	Х	Х	Х	Х
Х		Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х		Х	Х		Х	Х	Х	Х	Х	Х		Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Χ	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
GENERAL QUESTIONS TO BE ANSWERED																												\Box	\Box	
BEFORE THE ARRIVAL OF THE HOLY MONTH	Ye	s	No	Х	Х	Х	Х	х	х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X Z	x z	x
I have arranged quite a bit in terms of provisions				Х	х	х	х	х	х	х	х	Х	х	Х	Х	Х	Х	х	Х	Х	Х	х	х	Х	Х	Х	Х	X 2	x z	x
for my Family during this Holy Month. Have I given				Х	х	х	х	х	х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	х	Х	Х	Х	Х	Х	X I	x z	×
a thought for the deprived members of the				Х	х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	х	Х	Х	Х	Х	Х	X Z	X Z	X
community.				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X .	X I	X Z	X
				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	X
Have I set out a budget, however small to				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	Х	X .	X
contribute towards the general fund that is set out				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	X	X Z	X
to assist the needy within the community				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	X I	X Z	X
				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	X Z	X Z	X
Have I fully understood the blessings that this month	Ye	<u> </u>	No	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	Х	X	X
brings with it				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	X Z	X Z	X
				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	X Z	Κ
Have I mentally prepared myself to take full				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	X I	X Z	Κ
advantage of these blessings for I am not sure if				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	Х	X .	X
I shall be able to witness this Holy month again.				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	X Z	X Z	X
				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х		Х	_		Х	Х	Х	Х	Х	Х	Х	Х	X	X	X Z	X
I do not know to read the Holy Quran well. Have I	Ye	<u>s</u>	No	Х	Х			-	Х	Х	Х	Х	_						Х	Х	Х	Х		Х	Х	Х	X .	X 2	X Z	X
made any plans to hire someone to train me to				Х	Х	Х	Х		Х	Х	Х	Х	_		_	_	_	_	_	Х							_	X 2	X Z	X
read it fluently				Х	Х	Х	_	_	х	Х	Х	Х	_		_		_	_	_	Х		_		Х					X 2	X
				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х		_	Χ	_	_	_	Χ	Х	Х	Х	Х			Х		X Z	X
Have I made plans to set out a time frame for				Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	-	Χ	-		_	Χ	Х	Х	Х	Х			_	_	X Z	X
reading the quran with translation				Х	Х	Х	Х	_	Х	Х	Х	Х	Х		_			_	_	Х		Х	Х				_	_	X 2	X_
	<u> </u>			Χ	Х	Х	Х	Х	Χ	Х	Х	Χ	Х	Χ	Х	Х	Х	Х	Х	Χ	Х	Χ	Х	Х	Х	Х	Х	X Z	X Z	X
																											\vdash	4	_	
DAILY DUTIES - PRAYERS																											\vdash	\dashv	\dashv	_
Herre I wante was a direct																											\vdash	\dashv	\dashv	_
Have I performed my:															H								-				\dashv	\dashv	\dashv	-
1. Fajr prayers in time																											\vdash	\dashv	\dashv	_
2. Zohr prayers in time																											ightharpoonup	—	_	_
3. Asr prayers in time																												_	_	
4. Maghrib prayers in time		<u> </u>			<u> </u>	_	<u> </u>	<u> </u>	<u> </u>														_				ightharpoonup	_	4	_
5. Isha prayers in time.		<u> </u>			<u> </u>		<u> </u>	<u> </u>	<u> </u>																		—	_	4	_
	L																										Ш	Ш	Ш	

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Have I performed the following Namaaz with jamaat:																													\dashv	—
,																														_
1. Fajr																														
2. Zohr/ Asr																														
3. Maghrib/ Ishaa																													_	
Bill I I I I I I I I I I I I I I I I I I																												_	_	
Did I remember my relatives who have passed away																												_	_	
in my dua's																												-	-	
Did I pray for the maghfirat of all the Marhumin																													\dashv	—
																												T	_	_
Didi I pray for the oppressed Muslims of the World																														
Did I pray for the poor and the sick																														
Did I pray for my own Maghfirat																													_	
(Remember, the doors of dua's are open during thi	Ļ																												-	
month. Let not a single moment pass away in waste																													\dashv	
month. Let not a single moment pass away in wast	<u>, </u>																											_	\dashv	
Did I pray The naafela																														
																													\neg	_
Did I pray Namaaze Shab																														
RECITATION OF QURAN																														
D'allers de des en en et als																												_	_	
Did I recite the quran today																													_	_
Did I recite it with the translation	_																											-	႕	
DIG I TEGILE IL WILLI LITE LI ALISIALIONI											\vdash		H														-1	-	႕	
Did I learn a lesson from the chapter or verse that I	\vdash										\vdash																	\dashv	\dashv	_
recited																												_	一	
											H																	=	\neg	_

																											耳			
	1	2	3	4	5	5 6	5 7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
DUA'S																											<u></u>		\dashv	_
Did I attend the dua session in the mosque																											1			
Did I recite the Dua with translation																														
Did I remember my past sins and sincerely ask for forgiveness for I do understand that in this month						F																					-			_
Allah (S.W.A.) has kept the door of forgiveness open for me																											\dashv		\exists	
Before going to bed did I take stock of my day and																														
did I do isteghfar for whatever sins I may have comitted during the day																											<u> </u>			
Did I perform Wudhoo before retiring to bed																														
Did I recite Quran before retiring to bed																											<u> </u>			
Did I do zikr of Allah before retiring to bed since																														
Allah has promised the person that: whosoever remembers Him in this World, Allah will remember him in his Grave when he will be all alone						t			L																		=			
Did I cry over my past sins																														
Did 1 dry over my past onto																														
					1	1	1																	oxdot	Щ		\dashv	\dashv	\dashv	\dashv
						L	L	L																			士		\exists	
																											\sqsupset		\blacksquare	
				\vdash	+	╁	+	\vdash	-															Н	$\vdash \vdash$		\dashv	\dashv	\dashv	
																											1			

																														_
FASTING IS NOT ONLY HUNGER AND THIRST	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
FASTING IS NOT ONLY HUNGER AND THIRST																													\dashv	\dashv
Allah (S.W.A.) has provided us with different senses																														
for us to live comfortably in this World and at the same																													\dashv	_
time given us the opportunity to use these same senses to buy our Akhera																													\dashv	-
FASTING OF THE EYE																													_	
Did I throw my eye on anything that has been																													\dashv	\dashv
forbidden by Allah (S.W.A.) example looking at																													\Box	
Na mehrum																														
Did I manage to utilize this blessing (the eye) to																													\dashv	\dashv
look at the poor and the orphans																														
Did I watch a movie today on television																													_	_
Did i Watshi a movio today on toloviolon																														_
Did I show a rude eye to any of my subordinate																														
FASTING OF EAR																													\dashv	_
TASTING OF EAR	-																												\dashv	_
Did I hear to any vain talk (Gheebat)																														
Did I listen to any music	-													_	-		-	_									-	_	\dashv	4
Did i listeri to dily music																													一	_
Did I give ear to abusive language and approved it.																														
FASTING OF THE TONGUE	-																											\dashv	\dashv	\dashv
TASTING OF THE TONGOL																													\dashv	\dashv
Did I use this blessing which is meant to do the																													\Box	
zikr of Allah, to abuse someone	-																											_	\dashv	
Did I call anybody with his nick name																												1	\dashv	\dashv

																												\perp	\dashv	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	Ė	_	Ť	•	Ŭ	Ů	_	J	J		•		.0							20									-	30
Did I expose someone else's sins in public																												\Box		
Did I use this blessing to do the Zikr of Allah(S.W.A)																												_		
Did I spread the religion of Allah (S.W.A.) that has been given to me in trust.																												$\frac{1}{2}$	<u> </u>	
Did I use this blessing to say kind words to my subordinates(my workers, both at home and at work)																												<u></u>	<u> </u>	
Did I use kind words on my spouse																														
Did I use kind words on my children																												\Rightarrow	\Rightarrow	
Did I use kind words on my parents																												#	#	
Did I use kind words on the elders of my community																												\pm	\exists	
In general, did I keep a tight control over the words that I mentioned.																												$\frac{1}{2}$	$\frac{1}{2}$	
Did I use my intellect to choose the words I spoke																												\exists	=	
FASTING OF SELF DESIRE																												\Rightarrow	\pm	
Did I control my anger																												\Rightarrow	\Rightarrow	\exists
Did I control my lustful thoughts																												\dashv	\Rightarrow	\exists
Did jeolousy come over me																												⇉	⇉	╡
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

Was I content with what I earned today or did greed take over my self																					_
Did I feel superior to any other being (pride)																					
GENERAL																			1		\pm
Did I visit the sick																					
Did I invite a brother fo iftaar																					
Did I learn the translation of sura e Ankaboot, Dukhan and Rum																				+	
Did I help in the home chores																					
Did I provide assistance to someone iin need																					
Did I manage to cover up a brothers sin.																					
Did I assist my subordinates																					
THE HOLY MONTH OF RAMADHAN WILL BE WITH THE HOLY PROPHET (S.A.W.) SAID THAT THIS MO MONTHS, ITS DAYS ARE BETTER THAN ALL DAYS	NT	H IS	BI	ETT	ER	TH	A۱	A I	LL												
THAN ALL HOURS.	L						1				,								1		\pm
IF WE TRULY ARE CONCERNED OF OUR AKHERA FOR US TO MAKE THE MOST OF IT.	L,	HI	5 15	Or	NE (OPF		RIU	UN	IIY											\pm
THIS FORMAT HAS BEEN DESIGNED AS A SELF A IT IS BETTER TO MAKE OUR OWN SELF ASSESSM ASSESSED ON THE DAY OF JUDGEMENT. IT IS TIL	<u>IEN</u>	IT B	EF	OR	ΕC	UR	DI	EE	DS	AR											\pm
MANY OF OUR BROTHERS AND SISTERS HAVE TO WAITING FOR OUR TIME	AKI	EN A	A L	EAI	D. V	VE /	AR	E C	INC	_Y											